**Bronchitis**

**Name:** Rory Brennan **Age:** 57 yrs

**Marital Status:** Single

**Occupation:** Computer programmer at Queens University

**Opening Statement:**

**“I just don’t seem to be able to stop coughing”**

**History of Presenting Problem:** About 2 weeks ago you had flu like symptoms with a fever (39) for 2 days. The fever was accompanied by a cough. The cough has worsened over the last few days and is now productive. You have started to cough up green coloured phlegm which 2 days ago was blood tinged.

**Aggravating/ relieving factors:** Has tried over-the-counter cough remedies but they have not worked.

**Associated symptoms:** Has noticed shortness of breath over the last few days (when walking up stairs or walking quickly on the flat)

Not sleeping at night because of cough

No night sweats

No weight loss

No recent travel abroad

No chest pain or palpitations

No swollen ankles

No sore throat/ earache/ sinusitis recently

No vomiting/ diarrhoea

**Past Medical History:** Tonsillectomy/ adenoidectomy age 5 yrs

Broken ankle aged 32 yrs (skiing accident)

**Medication:** No prescribed medication but has been taking Tylenol and over the counter cough remedies for the last week or so.

**Family History:** Your mother (aged 78) had a stroke – confined to a wheelchair now and is in a care home. She has lots of health problems (infections etc) but nothing specific.

Your father died of a stroke 3 years ago.

Paternal grandfather died of complications from emphysema

You have 2 sisters (55yrs and 51yrs) who are healthy as far as you know

**Social:** You are a computer programmer at Queens University (based mostly in the school of business)

You live on Albert St and rent out rooms in your house to mature students – it is quite damp and the heating is not great as it needs a lot of updating but you never seem to have the time or money to do it.

You have not been to work in the last week as you haven’t felt well enough.

You do not have a partner at the moment but you have had 2 serious relationships in the past (once married but no children). Wife left you for another woman.

You drink alcohol most weekends (about 6-7 beers) and try not to drink in the week when you have work! You have not really felt like drinking the last 2 weeks.

You do not take any recreational drugs.

You do smoke cigars occasionally but you would not call yourself a regular smoker.

**FIFE:**

**Function:**

You have been feeling “under the weather” for the last 2 weeks and it does not seem to be getting any better.

You have missed work – 2 weeks ago when you first had a fever and the last 2 days since you have really been coughing excessively and you did not want to cough over the students and your colleagues and you have not really felt up to it.

**Ideas:**

You don’t really know but you are wondering if it is possible that you have emphysema (your grandfather used to cough up blood-tinged sputum)

Could it be cancer?

**Feelings:**

You just want to get back to normal and be able to sleep at night without coughing. It is frustrating not being able to do all the activities you usually do.

**Expectations:**

You really want to get the cough treated and be able to get back to normal as soon as possible.

Could you also get something to help you get a good nights sleep for a few days.

**Patient appearance and demeanor:** You are dressed in casual clothes –maybe sweats or something similar.

You look really tired. You keep having coughing episodes through the interview.

You are open with the information you give.

NB Kathy Please compare this with the pdf you have called station 5 scoresheet

|  |  |  |
| --- | --- | --- |
| **Student:** | **Station/SP:** | **Date:** |

*Please indicate what you experienced during your encounter with the student:*

**Upon entering the room:**

|  |  |  |
| --- | --- | --- |
| Introduced his/her self | Did | Not |
| Asked how patient would liked to be addressed | Did | Not |
| Explained what would happen | Did | Not |

**Proceeded to ask about:**

|  |  |  |  |
| --- | --- | --- | --- |
| **History of Presenting Illness:** | |  |  |
| Chief Complaint | | Asked | Not |
| When did the cough begin? | | Asked | Not |
| Is the cough productive? | | Asked | Not |
| What color is the phlegm? | | Asked | Not |
| Is patient coughing up blood? | | Asked | Not |
| Does anything make the cough worse? | | Asked | Not |
| Does anything make the cough better? | | Asked | Not |
| **Completed Respiratory ROS:** | |  |  |
| Does patient have any other symptoms with the cough? | | Asked | Not |
| Any four of | Fever? | Asked | Not |
| Malaise? | Asked | Not |
| Shortness of breath? | Asked | Not |
| Chest pain? | Asked | Not |
| Weight loss? | Asked | Not |
| Wheezing? | Asked | Not |
| Night Sweats? | Asked | Not |
| Sore Throat? | Asked | Not |

|  |  |  |  |
| --- | --- | --- | --- |
| **Past Medical History** | |  |  |
| Does patient take any medications? | | Asked | Not |
| Which medications? | | Asked | Not |
| Any ongoing/current illnesses? | | Asked | Not |
| Any illnesses in the past? | | Asked | Not |
| **Risk Factors for Respiratory Disease** | |  |  |
| Smoking history | | Asked | Not |
| Environmental allergies? | | Asked | Not |
| My exposure risk (ie. Mining, asbestos, infectious) | | Asked | Not |
| **Family History** | |  |  |
| Are there any illnesses that run in the family? | |  |  |
| Asked specifically  about: | Lung Disease | Asked | Not |
| Asthma | Asked | Not |
| Cystic Fibrosis | Asked | Not |
| Cancer | Asked | Not |

Done partially Done well

**FIFE** - Elicits/acknowledges **and** responds to: 1/2 mark or 1 mark

**Feelings** (worried) \_\_\_\_\_\_\_ \_\_\_\_\_\_\_

**Ideas**  (lymphoma because of brother’s history) \_\_\_\_\_\_\_ \_\_\_\_\_\_\_

**Function** (no effect on activity)

\_\_\_\_\_\_\_ \_\_\_\_\_\_\_

**Expectations** (investigation, reassurance, wondering if it

will worsen if active) \_\_\_\_\_\_\_ \_\_\_\_\_\_\_

**GLOBAL RATING:** Low High

## Extent to which student demonstrated an organized approach to the problem 1 2 3 4 5

## Extent to which student demonstrated a courteous/empathetic attitude 1 2 3 4 5

towards the patient.